## **PACKING POINTERS**

- For most of Workshop, basic casual summer attire is ideal: shorts, jeans, T-shirts, sneakers, sandals, etc.
- We advise bringing a sweatshirt or jacket since many of the buildings get chilly-the A/C is often cranked up.
- For the NASC Banquet, we encourage more semi-formal attire in keeping with the Banquet's atmosphere (i.e. ties or jackets for gentlemen, dressy outfits for the ladies, etc.)
- Delegates will also have the opportunity to participate in the NASC Talent Show, so they are encouraged to bring any instruments, costumes or props they will need to shine on stage.
- Note: Students will be assigned a roommate from a different school to help them meet other delegates, so they will not be able to easily share items such as alarm clocks or hair dryers with friends from their school.

### DON'T FORGET

- <u>a watch</u> (important!)
- dressy banquet outfit
- □ sheets, pillow, blankets
- sweatshirt
- □ toiletries (soap, toothbrush, shampoo, deodorant, etc.)
- tennis shoes
- camera
- alarm clock
- □ backpack
- □ change for vending machines, pay phones
- □ snacks for late-night munchies
- notewriting supplies (markers, cool paper, stickers)
- We'll have all kinds of NASC merchandise for sale, too, so bring a few extra dollars for shirts, sweatshirts and water bottles if you'd like.

And, the 2012 Theme for Workshop is...

## discover the fire

a prehistoric theme geared towards promoting individual and group leadership skills.

If you have any further questions, please contact Workshop Director Matt Spitsen at 402.202.3918 or email workshop@nasc.org



NASC Workshop Director P.O. Box 4069 Omaha, NE 68104-4069

REGISTRATION CONFIRMATION





confirmation letter

#### Hello, Delegates and Parents!

Greetings from the NASC Staff and welcome to Workshop 2012! Thank you for signing up to attend one of our summer leadership workshops. We've compiled this handy resourcethe NASC Workshop Info Guide – to answer your most frequently asked questions (FAQs) and prepare students for Workshop. It contains a great deal of important information, so be sure to hang on to it and read it very carefully. See you on July 24<sup>th</sup>!

-The NASC Volunteer Staff

### Summer Leadership Workshop

July 24<sup>th</sup> - July 28<sup>th</sup>: Wayne State College in Wayne, Nebraska

- Check-in, July 24<sup>th</sup>: 12:30 pm 2:30 pm Student Activities Center Opening Slideshow: 3:00 pm, Ramsey Theatre
- Check-out, July 28<sup>th</sup>: 1:00 pm, Residence Halls Closing Slideshow: 12:30 pm, Ramsey Theatre

Parents and Advisers - please feel free to join us for the opening or closing slideshow.

## FREQUENTLY ASKED QUESTIONS

#### Q. Just what is Workshop?

A. Workshop is a five day, intensive training seminar to help students develop their leadership skills. Working in both small and large group sessions, Workshop delegates will participate in a fun-filled, challenging, and diverse curriculum that highlights seven skill areas-communication, group dynamics, organization, interpersonal relations, self management, decision making and values awareness. Since it is summer, there are no lectures-but, PLENTY of group challenges and activities where students help each other learn, grow and apply the lessons they've learned to real life. Plus, it's a great opportunity for delegates to meet other student leaders from across the state and get motivated for the upcoming school year!

#### Q. Who is in charge of the Workshop?

A. Workshop will be facilitated by members of the NASC Volunteer Staff, a dedicated team of educators, professionals and college students. Most of our Staff members are past Workshop delegates who have continued as Staffers (some for longer than 30 years!) to give back some of what they got out of Workshop. The Staff has spent all year planning and training for this Workshop and will provide supervision and security for the student delegation. (Campus security personnel will also be on duty during the Workshop.)

#### Q. What if my student needs medical attention?

A. As a part of your registration, delegates provided a signed medical release with insurance, health history, allergies and medication information. Staffers trained in CPR and First-Aid will be on-site and a hospital is adjacent to the campus. In the event of a medical emergency, Staffers will contact Wayne State campus security who will transport the injured delegate to the hospital and parents will be notified immediately. If your student requires additional arrangements, please contact the Workshop Director prior to Workshop.

# Q. How can I get in touch with my child during the week?

A. Mail may be sent to delegates and Staff c/o NASC Workshop, Wayne State College, Wayne, NE 68787. If necessary, we can be reached by phone by calling the main switchboard at (402) 375-7000. You may also call the Workshop Director directly at (402) 202-3918 when we are in Wayne. Delegates may use cell phones to call home during free time; however these should be left in the delegate's room during all activities. Students will also have access to pay phones throughout the week, so equip them with calling cards or proper change.

## Q. Can I get a refund if my student backs out at the last minute?

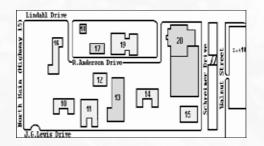
A. Unfortunately, we cannot issue any refunds for cancellations made later than July 8. Refund requests must be made in writing to the Workshop Director via e-mail to: workshop@ nasc.org. All cancellations are assessed a \$50 processing fee. Same-sex substitutions can be made at any time (including during check-in) and at no cost.

# Q. Where is this year's Workshop? When should we arrive?

A. Once again, Wayne State College will host Workshop on their beautiful campus. Wayne is about 100 miles northwest of Omaha, 30 miles northeast of Norfolk. The college is on the north edge of town, just off Nebraska Highway 15. Registration check-in begins at 12:30 p.m. and ends at 2:30 p.m. in the Student Center, just north of the Bowen Residence Hall. See the map of WSC below\*. NOTE: There is no early check in and no on-site registration!!! Grab grub before you arrive because no lunch will be served during check-in, and students may not leave campus once they are registered. We recommend that students who drive to Workshop carpool, both for safety and to save on gas money. Finally, you're invited to stay for the Workshop opening session which begins promptly at 3 p.m. We'd also love for you to come back on the final day to see the closing Workshop slide show at 12:30 p.m. to catch a glimpse into your students' week!

# Q. I've read the ENTIRE letter and my question wasn't answered. Now what?

A. If you have additional questions or concerns, please feel free to contact the Workshop Director Matt Spitsen at 402.202.3918 or via e-mail at: workshop@nasc.org.



#### WAYNE STATE COLLEGE BUILDINGS

- 20 Student Activities Center
- 19 Fine Arts Building (Ramsey Theater)
- 15 Bowen Residence Hall
- 10 Neihardt Residence Hall

## **DELEGATE GUIDELINES**

The primary concern of the Workshop Staff is the welfare of all delegates. As an NASC Delegate and a student leader, your children are expected to conduct themselves in a way that will reflect positively on themselves and their school. Here are the Delegate Guidelines they are expected to follow:

- 1. Delegates are required to attend all scheduled Workshop events. In case of illness or injuries, delegates should notify a Staffer.
- Delegates must stay on campus for the duration of Workshop. Written parental permission and prior NASC approval are required for any exceptions.
- 3. Delegates are not to smoke, or be in possession of tobacco products.
- 4. Delegates may not go onto dorm floors that house members of the opposite sex, except during check-in and check-out times.
- 5. Delegates are asked to cooperate with scheduled onfloor and in-room times each evening. The residence hall entrance will be locked between midnight and 6 a.m.
- 6. As guests of the college, Delegates are expected to observe applicable laws and campus policies (i.e., no use or possession of alcohol or illegal drugs, no destruction of campus facilities or property, etc.).
- 7. Delegates are asked to wear their name tags at all times. These serve as Workshop meal tickets and identify the delegate as part of the Workshop.
- 8. Delegates may not entertain outside visitors during Workshop.
- 9. Delegates are asked to avoid inappropriate or vulgar language, overly suggestive attire, T-shirts with inappropriate messages, etc.

Parents will be contacted if a delegate cannot comply with these basic guidelines, and delegates may be dismissed from the Workshop without a refund. In past years, our delegates have been extremely cooperative and mature in following these rules.

**GO FORTH &** 

SET THE WORLD

ST. IGNATIUS LOYOLA